



Lois Cowling

March 28, 1944 - December 19, 2021

A friend recently said Lois was such a firecracker. "I always loved that she did what she wanted because she wanted to do it, no one could tell her otherwise." And on December 19th she continued down that path. As the sun began to set on one of the shortest days of the year, Lois decided she had enough of this cancer bullshit and left.

Lois was born on March 28th, 1944, along with her twin sister Louise, to Leonard and Violet (Tucker) Wallace in Okotoks. There were eight children in the family including two sets of twins. One of the greatest sorrows of her life was the death of her son Toby Cowling in 1974. She was predeceased by her husband of 44 years Dwain Cowling in 2004, her fiancé Brian Jeffery in 2016, her parents Vi and Len Wallace, twin sister Louise, and brothers Vern Wallace and Doug Wallace. She is survived by her siblings Marlin (Butch) Wallace, Sharon and John Portigal, Danny and Diane Wallace and Tammy Wallace.

She will be loved and missed always by her four daughters, and their families; Lorraine and Dan Hjalte, Leah and Victoria Grey; Jamie and Jenna Hjalte, Madeleine; Alex and Pauline Hjalte; Connie and Paul Cartmill, Matthew and Sarah, Carla Cowling and Glen Genoe, Amy Peterman; Christina and Nathan Maron, Marcella and Oliver. She is also survived by Brian's son Sean and Dee Jeffery.

Many, many thanks to all the doctors, nurses, homecare nurses and the rural palliative care team who helped to care for Lois over the past two months. Special thanks to the doctors and nurses at the High River Hospital who helped to care for her and all of us during those last few days.

A celebration of life will take place in the Spring of 2022. If desired memorial contributions can be made to the High River & District Health Foundation, for the Cancer Centre or Palliative Care.

Arrangements are in Care of Snodgrass Funeral Home, High River. Ph. 403-652-2222.

Tribute Wall

C

Cathy Couey

My deepest sympathy to all the Cowling girls and your families. I will always remember your mom as being full of laughter. May your cherished memories bring a smile to your face and warm your hearts.

C

Colleen

With deepest sympathy to Cowling and Wallace families. Robert and Colleen Tucker

N

Norma Lock

My sincere sympathy to Lois's Family.

E

Eunice Schmuland



"Material_candle_pink_thumbnail"
was lit in memory of Lois Cowling

❤ Light a candle

Show your support by giving a symbol of remembrance

L

Louise Attwood



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R

Rosemary Derbecker



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R

richard wakeford



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K

Kathy Niemans

Sorry for your loss, hugs Kathy



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K

Kathy Lambourn

I have so many great memories of Lois. I spent so much time at the Cowling house it was like a second home to me. I was glad I got to see her the day before she passed and I'm happy she is not in any pain anymore. Love to Lorraine, Connie, Carla, Chrissy and all their families.
📧 Kathy, Chad and Trista.

d

D and D Nelson

Sorry for your loss I have many memories with your family



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M

Maxine Edwards

Lois was a very Special kind of lady. We spent many fun and even serious times together. We totally enjoyed her little jaunts to Lethbridge. She will be so totally missed by all that knew her. Our Condolences to her daughters Lorraine, Connie, Carla and Chrissy and Sharon and the rest of her family. I will miss her dearly, but now she is free of cancer and pain. Loved her dearly May she R.I.P. Maxine and Chuck



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Y

Yvonne

I will always remember lazy summer days with Aunt Lois and Uncle Dwayne and my cousins. Toby and I were inseparable..I still miss him. Lorraine and Connie were like big sisters and Carla and Chrissy my younger...it seemed to be a magical time..uncle's boisterous laugh, Auntie Lois smiling as we ran in the door. Truly great memories...I was blessed to have you all. And from today forward you will missed. Love you Auntie Lois



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Y

Yvonne

My aunty Lois was kind and caring. She had a great smile and loved everyone. She lived with a pain no one will ever know when Toby passed away but she still was amazing. I remember her beautiful garden of flowers. She had the best green thumb. When I saw last we talked about her and my mom (her twin Louise) and the fun they had. I remember her and Brian's Christmas parties they were a lot of fun. I remember her hugs when I was little and all thru my life. I am so very sad she has passed on and won't be able to give her hug again but I am so happy she is happy and healthy now. We may be sad the ones left behind but aunty is smiling and healthy and with all the people she loved that passed before her. Rest in peace aunty your garden will bloom like never before up in heaven. LOVE YOU AUNTY LOIS and miss you

???????

A

Aimee

Forever greatful to have seen her before this. Though we weren't exceptionally close she was and still is my aunt. We miss her so much. Knowing she is no longer in pain is somehow calming. Sending my thoughts and love to my other cousins and aunts and uncles. See you later aunty Lois.

A

Al and Geri Polanchek



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D

Denise Ney

So sorry to hear of your Lois's passing. I have many memories working with Lois at the High River Hospital. Condolences to all the family.



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K

Karen Fraser

Carla and family, so sorry to hear of your Mom's passing.

P

Pat Zebedee

Our deepest condolences to Lorraine, Connie, Carla, Chrissy and families. We have so many fond memories of times with your mom and dad, especially the fun we had at all the Hose Laying Competitions we went to and the fun times with our Fire Department family. Those were the days! The nights we would sit up half the night playing cards whether it was at the fire hall or one of our houses. We will cherish those memories. Rest In Peace Lois Sincerely Len and Pat Zebedee



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L

Leanne Black



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T

Tammy Beach

So many childhood memories! My heartfelt condolences to Lorraine, Connie, Carla and Chrissy ☹️ Tammy



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M

Marge Snodgrass



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J

JUDY ELLIOTT



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